

# KIDNEY KONNECTION

Spring 2006

## Kansas to feature rock n' roll at River Roast

The legendary rock band, Kansas, will take the stage Saturday night at River Roast. Since appearing on the rock scene in the 1970's, Kansas has established themselves as a staple of classic rock with a distinctly American flavor. Since their 1974 debut album, *Kansas*, the band has undergone many transformations. Currently composed of musical greats, Phil Ehart, Billy Greer, David Ragsdale, Steve Walsh and Richard Williams, Kansas maintains the monumental stage presence they first perfected in the 1970's. For over thirty years, Kansas has remained a fixture in progressive rock and continues to leave crowds in awe of the symphonic brand of rock that made them famous and perhaps most importantly, on their feet. Hit songs you may enjoy at the Kidney Foundation's 18th Annual River Roast include:

- ◆ Song for America
- ◆ Carry on, Wayward Son
- ◆ Dust in the Wind
- ◆ People of the South Wind
- ◆ All I Wanted



The Kidney Foundation of Greater Chattanooga is proud to announce the return of River Roast! Tickets are on sale now. Call 265-4397 for ticket

Often called the "kick-off" of summer, River Roast is a two-day family-centric event that features the best barbeque our area has to offer, fantastic music and activities that encourage families to have fun together. This year, River Roast is going to be bigger than ever with new and exciting activities such as Friday's 'The Big Gig', an American idol type of competition where local bands compete to win the prize of opening for Kansas on Saturday night. Other attractions include the Soap Box Derby on Saturday where families will build and race their own derby cars and the Teddy Bear Tea Party for a fun day of pretend. A VIP pier will be available for the more prestigious set. Guests will have the opportunity to overlook the Tennessee River while enjoying a cold beverage and tantalizing hors d' oeuvres. Regardless of age or fancy, everyone will have a blast at the Kidney Foundation's River Roast, the perfect start to summer!

**Proud Sponsors:**





This year, we at the Kidney Foundation of Greater Chattanooga decided to showcase the best musical talent in our area. Local bands competed in two preliminary rounds at popular music venue Rhythm and Brews. In the end, we had ten diverse and enormously talented bands. Their genres range from classic rock to hill country blues and will certainly have the crowd dancing down at Ross's Landing. On Friday night, beginning at 6 o'clock, these ten finalists will compete onstage at the River Roast for the opportunity to open for the legendary Kansas on Saturday night. In no particular order the finalists for the Big Gig Competition are:

- ◆ 5th Gear Band
- ◆ Camp Normal
- ◆ Double Shot Band
- ◆ Leaving Miss Blue
- ◆ Madfish Willy
- ◆ No Big Deal
- ◆ One Shot Down
- ◆ Proto
- ◆ SkyDog
- ◆ Wade Sims and Daddy's Back

Bands will perform three songs of their choice for the final round. At the conclusion of the final round, judges will decide which band will be the opening act for Kansas on Saturday. Whether you are a country music fan, rock enthusiast or hill country blues purist, we have a sound you will enjoy. Come join the fun at Ross's Landing to hear the area's best musicians, support Chattanooga's musical culture and benefit kidney patients in our area.

*One Shot Down*



*Camp Normal*



*Leaving Miss Blue*

*Madfish Willy*



*Proto*



*SkyDog*



*5th Gear Band*



*No Big Deal*



*Wade Sims & Daddy's Back*



### Schedule of Events

#### Friday, May 19th

5:00 p.m.- Gates Open

6:00 p.m.-The Big Gig Begins

11:30 p.m.- Approximate Time-Winners announced at Conclusion of The Big Gig

12:00 a.m.- Gates Close

#### Saturday, May 20th

9:00 a.m.-Gates Open

11:00 a.m.-Teddy Bear Tea Party

12:00 p.m.- Barbeque Judging Begins

2:00 p.m.-Soap Box Derby

7:00 p.m.- Music Begins

9:00 p.m.-Kansas performs!

10:30- Fireworks (Approximate time)

### River Roast Children's Festival Activities

River Roast is an exciting and interactive experience for kids of all ages. This year, we are offering a range of activities from the Teddy Bear Tea Party to the Soap Box Derby where children and parents will have a blast racing self-built Derby cars.

Activities include:

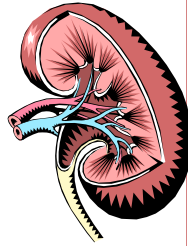
- ◆ Inflate-O-Land including the Astro Jump, Slides and Splash Down. (Make sure you bring your swimsuits for the Splash Down!)
- ◆ Face-Painting.
- ◆ Teddy Bear Tea Party sponsored by Build-A-Bear.
- ◆ Soap Box Derby.
- ◆ Meet and Greet with "Bearemy" from the Build-A-Bear Workshop.
- ◆ Goody bags for the first fifty kids!



# Kidney Facts

Chattanooga Renal Symposium

## Ever wonder what the kidneys do?



One of the main jobs of the kidneys is to filter waste products out of the blood. Waste products get into the blood from digestion of food and the normal breakdown of muscle.

Healthy kidneys work to filter extra water out of the blood and to keep proper levels of minerals, such as sodium (salt), phosphorus, calcium and potassium. The kidneys release a hormone called renin. One of its jobs is to control blood pressure. Another hormone released by the kidneys causes bone marrow (a substance in the bones) to make red blood cells. One last job that the kidneys perform is to help keep healthy levels of calcium (which helps keep bones strong).

Call or e-mail the  
Kidney Foundation to have  
your newsletter delivered via E-mail!  
Call 265-4397 or e-mail  
[autumn@kidneyfoundation.com](mailto:autumn@kidneyfoundation.com)

The annual Renal Symposium will take place on August 29, 2006. Speakers on this year's agenda Include:

- ◆ Dr. Larry Miller, President, Kidney Foundation of Greater Chattanooga will provide an Introduction and Welcome.
- ◆ John Eaddy, MD, UT Knoxville, will give a lecture entitled *Diabetes : Current Clinical Practice Recommendations.*
- ◆ Nathan Chamberlain, MD, Nephrology Associates, will give a lecture entitled *Physician as Patient.*
- ◆ Aaron Solomon, DPM, will speak on *Diabetic Foot Care.*
- ◆ Janice Lee, MD, will give a lecture entitled *Kidney Disease in the African American Patient.*
- ◆ Jean Cates will speak on the topic *Caring for Yourself as you Care for Others.*

Additional information regarding the time of lectures and speakers will be available soon. For further information, contact the Kidney Foundation at 423-265-4397.

**Volunteers are needed for the 18th Annual River Roast!!! Please contact Autumn at 423-265-4397 or e-mail [autumn@kidneyfoundation.com](mailto:autumn@kidneyfoundation.com) for information on how you can help make River Roast the best it has ever been!**

Volunteer positions include Ticket Sales, Children's Area, Token Sales, Token Collections, Beer Area, Judging Area and Soda Sales.

**The Kidney  
Foundation of the  
Greater Chattanooga  
Area would  
like to  
extend a  
sincere thank you  
to all  
who have made  
donations in honor  
of those who  
have gone before us.**

**We want to hear  
from you!**

Have a great idea for a fundraiser? The Kidney Foundation would like to better serve our community by hearing what you want. Send ideas and comments to:  
744 McCallie Avenue  
Suite 323  
Chattanooga, TN  
37403

## In Memoriam

John Billingsly  
Rachel Bolton  
Billy Cagle  
Claire Camp  
Walter Coolidge  
Betty Crabtree  
Mary Davis  
Joe Ector  
Charlyn Epstein  
Brenda Fuller  
Carol Frarey  
Joyce Goodwin  
Dana Harrell  
Janis Harris  
Marcella Harris  
Robert Harrison  
William Hill  
Eugene Hinds  
Clifford Hurley  
Ernest Jackson  
Ruby Jackson  
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Robert Kirk

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Dawn Norris  
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Bertha Walker  
Carolyn Williams  
Kenneth Wilson  
John Wilson

The Kidney Foundation of the Greater Chattanooga Area, Inc, is a member of Rhea County United Way and Combined Federal Campaign #4026

The office of the Kidney Foundation is located at 744 McCallie Avenue., Suite 323, Chattanooga, TN 37403. The Kidney Konnection is a publication of The Kidney Foundation of the Greater Chattanooga Area, Inc. and is offered free to the public.

**KIDNEY  
FOUNDATION**

*of the Greater Chattanooga Area, Inc.*

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